At least as good as

ground pork

makes about $3\overline{00}$ g



Ingredients

100 g	rice cakes
-	(neutral in taste, for example the Rewe-brand
	millet-corn-rice cakes (organic))
250 ml	vegetable broth/stock
2	medium onions
100 g	tomato paste

- □ 2 Tbs. canola/rapeseed or sunflower oil
- $\Box \quad \frac{1}{2} \text{ tsp} \quad \text{dried marjoram}$
- $\Box \quad \frac{1}{2} \text{ tsp} \quad \text{herbs de Provence}$
- □ 1 tsp kelpamare (organic) or Maggi
- 2 pinches chili or paprika powder
- □ ¹/₄ tsp ground black pepper
- $\Box \quad \frac{1}{4} \text{ tsp} \quad \text{ salt}$

Method

One day before

□ Crumble the rice cakes and douse them in the vegetable broth/stock. Allow them to soak for one day.

Now

□ Mince the onions finely. Mix together the soaked rice cake crumbles, the minced onions, and all the remaining ingredients. Spread on baguette slices.

Tip: Garnish with onion rings and sliced pickles.

At least as good as

ground pork

makes about 300 g



Ingredients

	100 g	rice cakes (neutral in taste, for example the Rewe-brand millet-corn-rice cakes (organic))		
	250 ml	vegetable broth/stock		
	2	medium onions		
	100 g	tomato paste		
	2 Tbs.	canola/rapeseed or sunflower oil		
	¹∕₂ tsp	dried marjoram		
	¹∕₂ tsp	herbs de Provence		
	1 tsp	kelpamare (organic) or Maggi		
	2 pinches chili or paprika powder			
	¹ ⁄ ₄ tsp	ground black pepper		
	¹ ⁄ ₄ tsp	salt		
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□ Mince the onions finely. Mix together the soaked rice cake crumbles, the minced onions, and all the remaining ingredients. Spread on baguette slices.

<u>Tip:</u> Garnish with onion rings and sliced pickles.