At least as good as

# ground pork

makes about  $3\overline{00}$  g



# Ingredients

100 g	rice cakes
-	(neutral in taste, for example the Rewe-brand
	millet-corn-rice cakes (organic))
250 ml	vegetable broth/stock
2	medium onions
100 g	tomato paste

- □ 2 Tbs. canola/rapeseed or sunflower oil
- $\Box \quad \frac{1}{2} \text{ tsp} \quad \text{dried marjoram}$
- $\Box \quad \frac{1}{2} \text{ tsp} \quad \text{herbs de Provence}$
- □ 1 tsp kelpamare (organic) or Maggi
- 2 pinches chili or paprika powder
- □ <sup>1</sup>/<sub>4</sub> tsp ground black pepper
- $\Box \quad \frac{1}{4} \text{ tsp} \quad \text{ salt}$

### Method

### **One day before**

□ Crumble the rice cakes and douse them in the vegetable broth/stock. Allow them to soak for one day.

### Now

□ Mince the onions finely. Mix together the soaked rice cake crumbles, the minced onions, and all the remaining ingredients. Spread on baguette slices.

### Tip: Garnish with onion rings and sliced pickles.

At least as good as

# ground pork

makes about 300 g



# Ingredients

	100 g	rice cakes (neutral in taste, for example the Rewe-brand millet-corn-rice cakes (organic))		
	250 ml	vegetable broth/stock		
	2	medium onions		
	100 g	tomato paste		
	2 Tbs.	canola/rapeseed or sunflower oil		
	¹∕₂ tsp	dried marjoram		
	¹∕₂ tsp	herbs de Provence		
	1 tsp	kelpamare (organic) or Maggi		
	2 pinches chili or paprika powder			
	<sup>1</sup> ⁄ <sub>4</sub> tsp	ground black pepper		
	<sup>1</sup> ⁄ <sub>4</sub> tsp	salt		
Method				

### One day before

□ Crumble the rice cakes and douse them in the vegetable broth/stock. Allow them to soak for one day.

### Now

□ Mince the onions finely. Mix together the soaked rice cake crumbles, the minced onions, and all the remaining ingredients. Spread on baguette slices.

#### <u>Tip:</u> Garnish with onion rings and sliced pickles.